

Table of Contents

Introduction	1
Chapter 1: What is FASD?	3
FAS and FASD definitions.....	3
Historical context	4
How prevalent and significant is FAS?.....	5
FASD is a diagnosis of both mother and child.....	5
How an FAS diagnosis is made in a medical clinic	6
Common behavioural and learning patterns.....	10
Chapter 2: Key concepts for planning effective education programs	15
Chapter 3: Organizing for instruction	27
Structure the physical learning environment.....	27
Develop effective routines.....	31
Teach time concepts	32
Build skills for participating in whole class instruction.....	33
Teach social and adaptive skills	36
Plan for nonclassroom settings.....	43
Help students generalize new skills and concepts.....	46
Chapter 4: Creating a positive classroom climate	51
Consider the neurological basis of behaviours.....	51
Manage the environment to avoid behaviour problems	55
Use language and nonverbal communication students understand	59
Focus on building positive relationships.....	61
Modify students' challenging, negative behaviours.....	69
Chapter 5: Responding to students' needs	73
Sensory processing	73
Motor skills.....	78
Behavioural regulation	81
Adaptive behaviours and social skills	83
Attention.....	86
Memory	89
Language and communication.....	93
Academic skills	96

Table of Contents (continued)

Appendix A

A1: Sample Questions to Discuss During Meetings with Parents	111
A2: Enhancing Parent Involvement in the Individualized Program Plan (IPP) Process	112
A3: Parent Participation in the Individualized Program Plan (IPP) Process	113
A4: Working with Parents	114
A5: Home-School Communication Book	115
A6: Environmental Scan of the Classroom	116
A7: Getting Along With Others Inventory	118
A8: Explaining FASD to Your Child.....	120
A9: Learning Challenges Inventory	122
A10: Self-advocacy Checklist	124

Appendix B

B1: Classroom Routines	125
B2: Social Script: Getting a Person's Attention	129
B3: Math Jobs.....	130
B4: Raise Your Hand	131
B5: Class Jobs	132
B6: Students Working	133
B7: Self-talk	135
B8: Locker	136

Appendix C

C1: Activity 1–Jigsaw: Overview of FASD.....	137
C2: Activity 2–Quick Tour: Overview of the Contents of the Resource	141
C3: Activity 3–Treasure Hunt: Exploring Strategies and Ideas	144

Bibliography	149
---------------------------	-----

Index	157
--------------------	-----

Feedback	165
-----------------------	-----