

## PREFACE

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The *Physical Education Guide to Implementation, Kindergarten to Grade 12* is intended to assist teachers with implementation of the prescribed outcomes in the *Program of Studies for Physical Education, Kindergarten to Grade 12*, (2000), so that Alberta students have the opportunities to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle. The guide was developed with the advice and assistance of numerous Alberta educators, and these contributions are greatly appreciated. The K–12 program of studies (2000) replaces the Elementary Physical Education (1984), the Junior High Physical Education (1988) and the Physical Education 10–20–30 (1988) programs of study.

This guide to implementation is available for viewing and downloading through the Alberta Learning web site at <<http://www.learning.gov.ab.ca>>. Print copies are also available for purchase from the Learning Resources Distributing Centre (LRDC); they are available in unbound form and three-hole punched, a format that allows for the addition of references, forms and notes. It also facilitates updating the materials as necessary. The LRDC web site is at <<http://www.lrdc.edc.gov.ab.ca>>.

Materials that closely align with this guide to implementation and that will offer additional support for implementation, include:

- Alberta Learning Physical Education Online web site at <<http://ednet.edc.gov.ab.ca/physicaleducationonline/>>
- *Safety Guidelines for Physical Activity in Alberta Schools*—available for purchase from the LRDC.

**Note:** This guide to implementation is a support document. The advice and direction offered is suggestive except where it duplicates or paraphrases the contents of the program of studies. In these instances, the content is printed in the same distinctive manner as this notice so that the reader may readily identify all prescriptive statements or segments in this document.

