



“Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy found in effort, the educational value of good example and respect for universal fundamental ethical principles.”

Olympic Charter, Fundamental principles, paragraph 2

More ideas on how to get involved!

Visit vancouver2010.com/EDU for more information.

Project Showcase:

Share your stories and projects with the rest of Canada and the world on /EDU. Every class or school that submits a project to /EDU receives a signed certificate and is automatically entered into a grand prize draw to be held in January 2010.

Canadian Olympic School Program:

Established in 1988 for the Calgary Olympic Winter Games, this program aims at reaching all students between grades 2–12. With free downloadable lesson plans, interactive components and contests at various levels, students and teachers will all be able to keep engaged and feel the spirit of the Olympic Games.

Pan-Canadian Paralympic School Week November 2–6, 2009:

This week-long program adopts the ideals of the Paralympic Movement and showcases people with a disability who are making a difference. Paralympic School Week provides a focus for school-wide community building and subject-related instruction. An educator guide and limited edition school kit is available for teachers to help plan activities or events at their school.

Canadian Paralympic Committee, It’s The Real Deal:

A free online teachers’ resource offering multimedia lessons, lesson plans, athlete interviews, fun activities and photographs for students in grades 4–8. It aims to raise awareness of Paralympic sport and athletes with a physical disability. Educators can participate in a teacher’s-only discussion board, provide feedback about the program and submit their own student activities to share with fellow teachers.

Sport and Healthy Living



Sustainability and Social Responsibility



Culture and Multiculturalism



we engage
engager

Sport and Healthy Living

The Vancouver 2010 Olympic and Paralympic Winter Games will provide many opportunities to connect and inspire people in Canada and around the world. /EDU is the Canadian school portal for educational programs related to the Games. The resources are bilingual and the website includes a teacher forum, a space for teachers and students to showcase their projects and teaching guides. Share in the spirit of the 2010 Winter Games by bringing it to your classroom. These, and many more resources, are available at vancouver2010.com/EDU.

SportFit Program:

An interactive program that encourages children and youth to discover sports that match their physical abilities and interests. The website makes it easy for classes and groups to measure and record their results. This program is a great way to engage children in sports in a fun and collaborative environment leading up to the 2010 Winter Games.

Heroes Live Here Program:

Developed to encourage youth to discover what makes a hero heroic, youth will gain journalism skills by interviewing those whom they consider heroic and then creating presentations or writing stories about what they have learned.

Sharing the Dream Webcast Series:

Connecting students around the world in a discussion of global citizenship and Olympic and Paralympic values, these six student-led interviews will be spread over the 2008-09 and 2009-10 school years. A teacher's guide, archives of previous webcasts and information on how to participate are available.

Sharing the Dream Lesson Starters:

A searchable database of activities created by classroom teachers that can be used with a wide variety of subject areas and at various grade levels. The goal of the lesson starters is to give teachers a series of individual lessons that they can use or modify to suit their particular classroom needs. Teachers are invited to submit their own lesson starters, all submitters whose entries are added to the database will be eligible for Olympic themed prizes.

The Olympic Pillar of Sport

Being physically active on a daily basis is crucial to the health and wellness of all Canadians, especially children. Participation in physical activity contributes to physical, mental and social well-being, providing benefits to the individual and community. These resources assist teachers with the implementation of the Daily Physical Activity Initiative, the Physical Education K-12 (2000), Health and Life Skills K-9 (2002) and Career and Life Management (2002) programs of studies that support opportunities for students to develop the knowledge, skills and attitudes necessary to lead active, healthy lifestyles.

Daily Physical Activity:

A handbook for grades 1-9 designed to provide teachers and administrators with information and ideas for developing a daily physical activity program. The resource contains numerous activities that can be organized by the school for small spaces, the outdoors, the gymnasium and large groups. education.alberta.ca/teachers/resources/dpa.aspx.

Heart Health:

A resource for senior high school physical education classes providing inquiry-based learning opportunities that connect students with their heart-rate data to improve their health and personal fitness. Activities in the resource will increase the knowledge and skills students need to make healthy choices and to lead healthy, active lifestyles. Print and online copies are available. education.alberta.ca/teachers/program/pe/resources.aspx

Physical Education Online:

This innovative website provides information to support the physical education program of studies. It includes a variety of physical activities, teacher resources, teaching tools, activities for skill development and many other supportive resources. education.alberta.ca/apps/physicaleducationonline/.

vancouver2010.com/EDU

An online, bilingual education program allowing teachers and students across Canada the opportunity to access educational resources, participate in programs, share their stories and share the Olympic spirit. vancouver2010.com/EDU

Teachers' Forum: links teaching and learning resources, activities and programs and a forum where teachers can exchange ideas and perspectives.

eduforum.vancouver2010.com

Project Showcase: post your student's work to /EDU! Teachers from across Canada can share their student successes, while celebrating student engagement around the Olympic and Paralympic Games.

Government of Alberta ■

Education

K-12 program outlines of what students are expected to learn, and authorized resources to support learning and teaching in all subjects and grades.

education.alberta.ca/teachers/program.aspx



Educational resources licensed or developed for Alberta curriculum. Enter keywords *sports*, *culture* or *sustainability* to search for resources related to the three pillars of the 2010 Olympic and Paralympic Winter Games.