
PSYCHOLOGY

OBJECTIVES

The objectives of the 3-credit courses in psychology are designed to develop within the student the skills and understandings that make it possible for more effective living in our complex environment. The

student's attention will focus on the scientific approach to understanding human behaviour so that he or she may appreciate more fully the reasons that underlie one's own acts and those of one's fellows.

PERSONAL PSYCHOLOGY 20

CONTENT

- Theme 1: Introduction to Psychology
- definition
 - the place of psychology among other sciences
 - what psychology is not
 - psychology and hypnosis
 - parapsychology
 - methods of psychological study
- Theme 2: Personality
- the development of personality
 - theories of personality
 - scientific techniques for measuring personality
 - projective techniques

- Theme 3: Behaviour
- development
 - physical development
 - motor development
 - language development
 - emotional development
 - social development
- Theme 4: Intelligence
- the meaning of intelligence
 - individual tests of intelligence
 - group tests of intelligence
 - practical applications of intelligence tests
 - mental retardation
 - intellectually gifted children
 - criticisms of intelligence tests

PERSONAL PSYCHOLOGY 20 (continued)

- Theme 5: Heredity and Environment
- a. inherited characteristics
 - b. studies of heredity
 - c. heredity and maturation
 - d. influences of environment before birth
 - e. influences of environment after birth
 - f. interaction of heredity and environment
- Theme 6: Biological Influences on Behaviour
- a. the nervous system
 - b. reaction time
 - c. the brain
 - d. convulsive disorders
 - e. glands
 - f. emotional behaviour
 - g. instincts, or species; specific behaviour
 - h. the effect of sleep on behaviour
- Theme 7: Understanding Perception
- a. attention
 - b. sensation and perception
 - c. vision
 - d. hearing
 - e. other sense fields
 - f. sensory deprivation

GENERAL PSYCHOLOGY 20

CONTENT

- Theme 1: History of Psychological Schools of Thought
- a. philosophical origins of psychology
 - b. beginnings of modern psychology
 - c. major approaches to understanding behaviour
- Theme 2: Principles of Learning
- a. what is learning?
 - b. trial and error learning
 - c. classical conditioning
 - d. terms related to classical conditioning
 - e. operant conditioning
 - f. terms related to operant conditioning
 - g. operant conditioning and punishment
 - h. operant conditioning and programmed learning
 - i. learning by insight
 - j. controversial areas of learning
- Theme 3: How to Learn Efficiently
- a. transfer
 - b. other factors in learning efficiently
 - c. the progress of learning
 - d. remembering
 - e. forgetting
- Theme 4: The Process of Thinking
- a. basic elements of thinking
 - b. concepts
 - c. uncritical thinking
 - d. creative thinking
 - e. imagining
 - f. reasoning
 - g. computer versus human thinking
 - h. applying principles of learning to taking examinations
- Theme 5: Facing Frustration and Conflict
- a. frustration and conflict
 - b. types of conflict
 - c. desirable ways of responding to frustration and conflict
 - d. adjustment mechanisms
 - e. cognitive dissonance

GENERAL PSYCHOLOGY 20 (continued)

- Theme 6: Emotional Problems of Adolescents
- inferiority
 - daydreaming
 - thrills and thrill-seeking
 - family conflicts
 - dating and romantic love
 - assuming the roles of men and women

- Theme 8: Career Opportunities in Psychology
- educational psychology
 - clinical psychology
 - physiological psychology
 - industrial psychology
 - social psychology

- Theme 7: Behaviour Disorders and Their Treatment
- behaviour disorders in our society
 - neurotic behaviour
 - psychosis
 - functional psychosis
 - organic psychosis
 - personality disorders
 - the treatment of behaviour disorders

EXPERIMENTAL PSYCHOLOGY 30

CONTENT

- Theme 1: Experimental Psychology
- psychology as an experimental science
 - psychological research

- Theme 2: Statistics
- organizing data
 - normal distribution
 - percentiles, deciles, quartiles
 - measures of central tendency
 - measures of variability
 - correlation
 - validity and reliability

- Theme 3: Research Methods
- research steps
 - laboratory experimentation

- Theme 4: Research Projects
- research; implementation of practical applications
 - project flexibility
 - evaluation
 - suggested design