

# COMMUNITY CARE SERVICES (CCS) COURSE SUMMARIES

## INTRODUCTORY

### **CCS1020: BACK CARE BASICS**

Students examine the structure and function of the spinal column and back, causes and treatments of back injuries and preventative measures for back care. Students demonstrate safe lifting practices and explore basic occupational health and safety practices for maintaining a healthy back.

*Prerequisite:* None

### **CCS1030: CARING FOR BODY SYSTEMS 1**

Students learn the basic anatomy and physiology of the human body and identify changes that occur throughout the lifespan. Students examine common disorders of human body systems and learn to interpret vital signs and other signs and symptoms as possible indicators of disease process or injury. Treatments available for common disorders are also explored.

*Prerequisite:* HSS1010: Health Services Foundations

### **CCS1080: COMMUNITY VOLUNTEERISM 1**

Students examine the role of volunteers in a community, perform as volunteers and evaluate their volunteering experience.

*Prerequisite:* None

### **CCS1910: CCS PROJECT A**

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

*Prerequisite:* None

## INTERMEDIATE

### **CCS2010: HEALTH CARE 1**

Students learn about the skills necessary to provide personal care services for individuals.

*Prerequisite:* HSS1010: Health Services Foundations

### **CCS2030: CARING FOR BODY SYSTEMS 2**

Students apply their knowledge of human body systems and pathologies to the care-planning process for clients experiencing acute and chronic illness. Specific care strategies for each body system are examined.

*Prerequisite:* CCS1030: Caring for Body Systems 1

### **CCS2040: INTEGRATIVE HEALTH**

Students examine the foundations, applications, costs, issues and future of integrative health. Students analyze complementary and alternative therapies and their role in health care, palliative care, preventative health care, and personal health and wellness.

*Prerequisite:* HSS1010: Health Services Foundations

### **CCS2080: COMMUNITY VOLUNTEERISM 2**

Students evaluate the basic structure and function of nonprofit organizations in society and focus their examination of the nonprofit sector on Alberta and a specific rural or urban community. Students perform as volunteers with a nonprofit organization and evaluate their volunteering experience.

*Prerequisite:* CCS1080: Community Volunteerism 1

### **CCS2910: CCS PROJECT B**

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

*Prerequisite:* None

### **CCS2920: CCS PROJECT C**

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

*Prerequisite:* None

### **CCS2950: CCS INTERMEDIATE PRACTICUM**

Students apply prior learning and demonstrate the attitudes, skills and knowledge required by an external organization to achieve a credential/credentials or an articulation.

*Prerequisite:* None

## **ADVANCED**

### **CCS3010: HEALTH CARE 2**

Students perform work assignments related to the role of a health care aide, including taking vital signs, making beds, providing skin care, repositioning clients and feeding clients using a variety of diets.

*Prerequisite:* CCS2010: Health Care 1

### **CCS3020: HEALTH CARE 3**

Students continue to learn about providing health care as it relates to special conditions and long-term care.

*Prerequisite:* CCS3010: Health Care 2

### **CCS3030: AGING**

Students examine principles of care related to aging and gain an appreciation for the contributions seniors can make to the health and wellness of other individuals and communities. Students develop the attitude, knowledge and skills related to the care of older adults. The impact of aging on the individual is explored and students gain an appreciation for resources available to help individuals maintain independence and to assist their family, peers and community.

*Prerequisite:* HSS1010: Health Services Foundations

### **CCS3050: SUPPORTING POSITIVE BEHAVIOUR**

Students learn basic concepts related to human behaviour and analyze behaviour with a behaviour pathways model. Strategies for intentional support for positive behaviours are examined.

*Prerequisite:* None

### **CCS3060: SUPPORTING PERSONS WITH DISABILITIES 1**

Students examine the roles and responsibilities of an individual providing services to persons with disabilities, and gain an appreciation of the transforming perception of societal values and beliefs related to disabilities. Students demonstrate understanding of commonly recognized disabilities and examine strategies and safety considerations for providing services to persons with disabilities.

*Prerequisite:* None

### **CCS3070: SUPPORTING PERSONS WITH DISABILITIES 2**

Students gain an appreciation of the uniqueness and capacities of persons with disabilities, and develop strategies for providing services to persons with disabilities.

*Prerequisite:* CCS3060: Supporting Persons with Disabilities 1

### **CCS3080: COMMUNITY ENHANCEMENT**

Students examine change in the context of community building and apply inclusive leadership skills while participating in a specific community enhancement project.

*Prerequisite:* CCS2080: Community Volunteerism 2

HSS2080: Leadership Fundamentals 2

### **CCS3110: EARLY LEARNING & CHILD CARE 1**

Students investigate the roles and responsibilities of a child care worker, and develop communication, observation and skills for guiding behaviour.

*Prerequisite:* None

### **CCS3120: EARLY LEARNING & CHILD CARE 2**

Students will develop skills to assist in promoting the physical, intellectual and language development in children from birth to age six.

*Prerequisite:* CCS3110: Early Learning & Child Care 1

### **CCS3130: EARLY LEARNING & CHILD CARE 3**

Students will develop skills to assist in promoting the social-emotional and creative development with children from birth to age 6. Students also will examine the development of learning through play.

*Prerequisite:* CCS3120: Early Learning & Child Care 2

### **CCS3140: EARLY LEARNING & CHILD CARE 4**

Students will examine family dynamics and issues, as well as the cultural diversity of the children and families under their care. Students also will develop skills to support and promote the cultural identity of children.

*Prerequisite:* CCS3130: Early Learning & Child Care 3

**CCS3150: EARLY LEARNING & CHILD CARE 5**

Students will learn appropriate practices related to routines in a child care program. Students will also plan for the health, safety and well-being of children in child care programs.

*Prerequisite:* CCS3140: Early Learning & Child Care 4

**CCS3910: CCS PROJECT D**

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

*Prerequisite:* None

**CCS3920: CCS PROJECT E**

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

*Prerequisite:* None

**CCS3950: CCS ADVANCED PRACTICUM**

Students apply prior learning and demonstrate the attitudes, skills and knowledge required by an external organization to achieve a credential/credentials or an articulation.

*Prerequisite:* None