

HEALTH CARE AIDE COURSE SUMMARIES

SECTION ONE – WORKING AS A HEALTH CARE AIDE

COURSE HCA3400: ROLE & RESPONSIBILITIES

Students develop an understanding of the legislation related to health care in Alberta and of the role and responsibilities of the health care aide as an individual and as a team member.

Prerequisite: Grade 10 English

COURSE HCA3405: SAFETY SYSTEMS

Students develop an understanding of the role of the health care aide to recognize and manage environmental, client and self-care safety issues.

Prerequisite: HCA3400: Role & Responsibilities

SECTION TWO – COMMUNICATION IN THE HEALTH-CARE ENVIRONMENT

COURSE HCA3410: COMMUNICATION LEVEL 1

Students develop skills for professional person-to-person communication and develop strategies to properly communicate with clients and their families.

Prerequisites: HCA3400: Role & Responsibilities, HCA3405: Safety Systems

COURSE HCA3415: COMMUNICATION LEVEL 2

Students develop professional communication skills for solving problems, managing conflict effectively and documenting health status and care of the client.

Prerequisites: HCA3400: Role & Responsibilities, HCA3405: Safety Systems

SECTION THREE – STRUCTURE AND FUNCTION OF THE HUMAN BODY & HEALTH AND CHRONIC ILLNESS

COURSE HCA3420: THE HUMAN BODY

Students learn about the structure, function, location and terminology of body systems; review the various stages and milestones of human growth and development; and examine strategies to support clients in their growth and development.

Prerequisites: HCA3410: Communication Level 1, HCA3415: Communication Level 2

COURSE HCA3425: AGING & ILLNESS

Students learn about healthy aging and independence, study chronic conditions and associated pain, and examine the role and responsibilities of the health care aide in caring for clients of varying levels of health.

Prerequisites: HCA3410: Communication Level 1, HCA3415: Communication Level 2

SECTION FOUR – CLIENT CARE AND COMFORT

COURSE HCA3430: CLIENT HYGIENE

Students develop an understanding of how to professionally and compassionately provide personal grooming and hygiene care to clients.

Prerequisites: HCA3420: The Human Body, HCA3425: Aging & Illness

COURSE HCA3435: BATHING & ELIMINATION

Students learn how to assist clients with bathing and personal hygiene in a safe, comfortable and supportive manner. Students also learn about the urinary and digestive systems, how they function and the associated issues in order to provide a higher level of care and service to clients.

Prerequisites: HCA3420: *The Human Body*, HCA3425: *Aging & Illness*

COURSE HCA3440: BED MAKING & MOBILITY

Students learn the methods of bed making, including using assistive devices to ensure client comfort and safety practises to follow when making an occupied bed. Students learn the common types of ambulation aids and how to safely use them with clients.

Prerequisites: HCA3420: *The Human Body*, HCA3425: *Aging & Illness*

COURSE HCA3445: POSITIONING & MEALS

Students learn how to use proper body mechanics to safely position or transfer a client, how to operate mechanical lifts and how to assist the client at mealtime.

Prerequisites: HCA3420: *The Human Body*, HCA3425: *Aging & Illness*

INTEGRATED CLINICAL PRACTICUM 1 – OPTION A

COURSE HCA3450: CLINICAL PRACTICE 1A

Students complete a minimum of 20 hours of work, under the direction of a regulated health-care professional, in a designated assisted living (DAL) site providing care and support for clients. Students will consistently demonstrate competency in best practice theory and skills.

Prerequisites: HCA3430: *Client Hygiene*, HCA3435: *Bathing & Elimination*, HCA3440: *Bed Making & Mobility*, HCA3445: *Positioning & Meals*

Note: This 1-credit course option *cannot* be used with HCA3460: Clinical Practice 1.

COURSE HCA3455: CLINICAL PRACTICE 1B

Students complete a minimum of 20 hours of work, under the direction of a regulated health-care professional, in a designated assisted living (DAL) site providing care and support for clients. Students will consistently demonstrate competency in best practice theory and skills.

Prerequisites: HCA3430: *Client Hygiene*, HCA3435: *Bathing & Elimination*, HCA3440: *Bed Making & Mobility*, HCA3445: *Positioning & Meals*

Note: This 1-credit course option *cannot* be used with HCA3460: Clinical Practice 1.

INTEGRATED CLINICAL PRACTICUM 1 – OPTION B (2 credits)

COURSE HCA3460: CLINICAL PRACTICE 1

Students complete a minimum of 40 hours of work, under the direction of a regulated health-care professional, in a designated assisted living (DAL) site providing care and support for clients. Students will consistently demonstrate competency in best practice theory and skills.

Prerequisites: HCA3430: *Client Hygiene*, HCA3435: *Bathing & Elimination*, HCA3440: *Bed Making & Mobility*, HCA3445: *Positioning & Meals*

Note: This 2-credit course option can be used *instead of* HCA3450: Clinical Practice 1A *and* HCA3455: Clinical Practice 1B.

SECTION FIVE – COMPLEX CARE NEEDS

COURSE HCA3465: COMPLEX CARE NEEDS 1

Students develop advanced skills when providing range of motion (ROM) exercise to clients and when assisting with wound care, tube feeds, catheter care, and ostomy care.

Prerequisites: HCA3450: *Clinical Practice 1A* and HCA3455: *Clinical Practice 1B* or HCA3460: *Clinical Practice 1*

COURSE HCA3470: COMPLEX CARE NEEDS 2

Students develop advanced skills for measuring, recording and reporting vital signs; assisting with specimen collection; and assisting with respiratory care.

Prerequisites: HCA3450: *Clinical Practice 1A* and HCA3455: *Clinical Practice 1B* or HCA3460: *Clinical Practice 1*

SECTION SIX – MEDICATION DELIVERY

COURSE HCA3475: MEDICATION DELIVERY

Students develop skills and understanding of the legal roles and responsibilities of the health care aide in order to safely assist with medication delivery.

Prerequisites: HCA3465: *Complex Care Needs 1*, HCA3470: *Complex Care Needs 2*

SECTION SEVEN – SPECIAL ACTIVITIES FOR DIVERSE CLIENTS

COURSE HCA3480: DIVERSE CLIENT GROUPS

Students develop skills and understanding to provide care and support to diverse client groups, such as families with infants and children and clients presenting with a mental health condition.

Prerequisite: HCA3475: *Medication Delivery*

COURSE HCA3485: CLIENTS WITH DEMENTIA

Students develop skills and understanding to provide care and support for clients with a diagnosis of dementia.

Prerequisite: HCA3475: *Medication Delivery*

COURSE HCA3490: DISABILITY & MORTALITY

Students develop skills and understanding to assist diverse client groups, such as clients with developmental delays and physical disabilities, and to provide end-of-life care and meet care needs at the time of death.

Prerequisite: HCA3475: *Medication Delivery*

INTEGRATED CLINICAL PRACTICUM 2 – OPTION A

COURSE HCA3495: CLINICAL PRACTICE 2A

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: HCA3480: *Diverse Client Groups*, HCA3485: *Clients with Dementia*, HCA3490: *Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

COURSE HCA3500: CLINICAL PRACTICE 2B

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: HCA3480: *Diverse Client Groups*, HCA3485: *Clients with Dementia*, HCA3490: *Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

COURSE HCA3505: CLINICAL PRACTICE 2C

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: HCA3480: *Diverse Client Groups*, HCA3485: *Clients with Dementia*, HCA3490: *Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

COURSE HCA3510: CLINICAL PRACTICE 2D

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills.

Prerequisites: HCA3480: *Diverse Client Groups*, HCA3485: *Clients with Dementia*, HCA3490: *Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

COURSE HCA3515: CLINICAL PRACTICE 2E

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: HCA3480: *Diverse Client Groups*, HCA3485: *Clients with Dementia*, HCA3490: *Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

COURSE HCA3520: CLINICAL PRACTICE 2F

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: *HCA3480: Diverse Client Groups, HCA3485: Clients with Dementia, HCA3490: Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

COURSE HCA3525: CLINICAL PRACTICE 2G

Students complete a minimum of 23 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: *HCA3480: Diverse Client Groups, HCA3485: Clients with Dementia, HCA3490: Disability & Mortality*

Note: This 1-credit course option *cannot* be used with HCA3530: Clinical Practice 2.

INTEGRATED CLINICAL PRACTICUM 2 – OPTION B (7 credits)

COURSE HCA3530: CLINICAL PRACTICE 2

Students complete a minimum of 160 hours of work, under the direction of a regulated health-care professional, in a continuing care setting providing care and support for clients. Students completing this clinical practice will consistently demonstrate competency in best practice theory and skills developed through coursework.

Prerequisites: *HCA3480: Diverse Client Groups, HCA3485: Clients with Dementia, HCA3490: Disability & Mortality*

Note: This 7-credit course option can be used *instead of* HCA3495: Clinical Practice 2A, HCA3500: Clinical Practice 2B, HCA3505: Clinical Practice 2C, HCA3510: Clinical Practice 2D, HCA3515: Clinical Practice 2E, HCA3520: Clinical Practice 2F *and* HCA3525: Clinical Practice 2G.