



Physical Education Online - Lesson Plan



Lesson Plan Title:

Grade:

Shoemaker's Dance

General Outcome A



Basic Skills:

Locomotor

Application of Basic Skills In:

Dance

General Outcome B



Functional Fitness

General Outcome C



Teamwork

General Outcome D



Effort

Grade Specific Outcomes

Activities Teaching Strategies:

Activity/Teaching Strategies

Introductory Activity – Review dance learned last day “7 jumps”. Cue students on the turn and help with the actions.

Body – Talk to children about how our shoes are made (discuss). Go over the action of the Shoemaker’s Dance:

- a) winding the thread
- b) breaking the thread
- c) driving the pegs

Practice with the children in a circle formation. Practice skipping 8 to the right and then 8 to the left. Run through it without the music, then with the music, cueing often.

Culminating Activity – Have children attempt to do the dance on their own decreasing the cues.

Assessment Strategies:

Self- assessment for students. Have each child tell you (on their way out) how successful they felt in learning the Shoemaker’s Dance today.

- 3 = know it without cues
- 2 = need some cues
- 1 = need cues and teacher help

Equipment:

Music for 7 jumps and Shoemaker’s Dance, Recorder

Resources:

Adaptations: