



Physical Education Online - Lesson Plan



Lesson Plan Title:

Grade:

Jive - basic turns

10-12

General Outcome A



Basic Skills:

Locomotor

Application of Basic Skills In:

Dance

General Outcome B



Functional Fitness

General Outcome C



Communication

General Outcome D



Effort

Grade Specific Outcomes

Activities Teaching Strategies:

Introductory Activity - Have students work with a partner to review the jive basic step (Step - Step - Rockstep)

Body – teach Lady's Turn

- go over man's lead, lady turns under her right, goes under the man's left arm and lady's right arm, continue with rockstep
- demonstrate with students
- have others try and practice as teacher watches and helps them out

- teach Mans Turn

- go over man's lead, lady does basic step, man drops his right hand, man's left hand goes across waist to right hip as he turns, the lady's right hand can trail across the man's back, rockstep

Culminating Activity – Play music and have students add these two new turns to the basic step learned last day.

Assessment Strategies:

Assessment should merely be visual check (informal observation) that all students can successfully execute the lady's and man's turn in conjunction with the basic step. Based on what the teacher observes will help determine the instruction needed for the next class.

Equipment:

Jive music
Recorder

Resources:

Adaptations: