



Physical Education Online - Lesson Plan



Lesson Plan Title:

Grade:

Forehand Clear Shot

7-9

General Outcome A



Basic Skills:

Manipulative

Application of Basic Skills In:

Games

General Outcome B



Functional Fitness

Well-being

General Outcome C



Communication

Teamwork

General Outcome D



Effort

Grade Specific Outcomes

Activities Teaching Strategies:

Introductory Activity – Each student picks up a badminton racquet and bird. Review serves worked on last day. Levels I, II and III are posted so try to complete your level and then challenge yourself.

Body – Go over form for overhead Forehand Clear shot with students. Hand out sheets or post the 3 levels of performance of their skill. Students work on this with teacher circulating around and helping them. Working in partners allows some reciprocal teaching using the criteria for Levels I, II and III.

Culminating Activity – Using their long serves from the last day and today's shot, partners can try to play across net. Students can check off the leveled sheets for assessment using the codes listed.

Assessment Strategies:

Assessment Strategies

Peer Assessment using the leveled sheets – these can be labeled as:

M – mastered

O – often

S – seldom

I – in progress

Leveled examples:

#1 - long serve or clear

#2 - drop shot or clear

#3 - smash or drop shot – can also include placement of a bird (ex. More precise = higher level of efficiency)

Equipment:

badminton birds/racquets

Resources:

Teaching Sport Concepts & Skills (LRC# 395758)

Adaptations: