



Physical Education Online - Lesson Plan



Lesson Plan Title:

Grade:

Snowshoe Tag Games

4-6

General Outcome A



Basic Skills:

Locomotor
Manipulative

Application of Basic Skills In:

Alternative Environment

General Outcome B



Functional Fitness
Well-being

General Outcome C



Fair Play
Teamwork

General Outcome D



Effort

Grade Specific Outcomes

Activities Teaching Strategies:

Introductory Activity - Review the use of snowshoes and technique needed to walk in them. Children play a quick game of tag on snowshoes.

Body

- 1) Play Prisoner's Base*
- 2) Play Steal the Gold*. Divide into 2 new teams. Use the bean bags for gold. Pylons can mark the center line and the safety lines.

Culminating Activity - Talk to children about the advantages/disadvantages of wearing snowshoes. How did they affect the games?

„h See next page for instruction on games Grade 4-6

Assessment Strategies:

On the way into the school, have a poster with 3 happy faces

1. Happy
2. Medium
3. Sad

Have the children point to the face that best describes how they felt about moving on snowshoes in an alternate environment.

Equipment:

pylons (6)
2 containers of bean bags

Resources:

Biggest Little Games Book Ever

Adaptations:

If not enough snowshoes for everyone - you can still play as above with 1 snowshoe on each student (double classes).