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The Extra Mile Worksheet

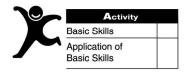
Dear Instructor, or Parent,

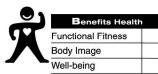
As part of the physical education program, students who demonstrate active living outside of the classroom can receive up to an additional ten percent (10%) for their term report card mark. Please sign and verify the following participation log. Your contribution to this endeavour is greatly appreciated.

Sincerely,

Physical Education Teacher

Date	Activity	Number of hours per week	Coach/Instructor Signature	Student Comments	Parent Signature







Cooperation			
Communication			
Fair Play			
Leadership			
Teamwork			

