

Health, Recreation and Human Services (HRH) Courses

Introductory Level	Intermediate Level	Advanced Level
Community Care Services (CCS) - 26 courses		
CCS1020: Back Care Basics CCS1030: Caring for Body Systems 1 CCS1080: Community Volunteerism 1 CCS1910: CCS Project A	CCS2010: Health Care 1 CCS2030: Caring for Body Systems 2 CCS2040: Integrative Health CCS2080: Community Volunteerism 2 CCS2910: CCS Project B CCS2920: CCS Project C CCS2950: CCS Intermediate Practicum	CCS3010: Health Care 2 CCS3020: Health Care 3 CCS3030: Aging CCS3050: Supporting Positive Behaviour CCS3060: Supporting Persons with Disabilities 1 CCS3070: Supporting Persons with Disabilities 2 CCS3080: Community Enhancement CCS3110: Early Learning & Child Care 1 CCS3120: Early Learning & Child Care 2 CCS3130: Early Learning & Child Care 3 CCS3140: Early Learning & Child Care 4 CCS3150: Early Learning & Child Care 5 CCS3910: CCS Project D CCS3920: CCS Project E CCS3950: CCS Advanced Practicum
Cosmetology (COS) - 16 courses		
COS1010: Personal & Professional Practices COS1020: Long Hair Design 1 COS1910: COS Project A	COS2000: Salon Design COS2010: Long Hair Design 2 COS2210: Client Services & Sales 1 COS2910: COS Project B COS2920: COS Project C COS2950: COS Intermediate Practicum	COS3000: The Science of Cosmetology COS3010: Professional Relationships COS3020: Long Hair Design 3 COS3280: Client Services & Sales 2 COS3910: COS Project D COS3920: COS Project E COS3950: COS Advanced Practicum
Credentialed Pathway: Hairstylist (HSA) First and Second Period Apprenticeship		
See Apprenticeship information on Alberta Education website.		

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Criminal Justice Studies (CJS) - 25 courses (new 2015)		
<i>Dual Credit Pathway</i>		
		CJS3400: Criminal Justice Systems CJS3405: Criminal Justice Principles CJS3410: Police Services & Trends CJS3415: Courts & Sentencing CJS3420: Correctional Systems CJS3425: Health & Wellness Foundations CJS3430: Personal Fitness Standards CJS3435: Safety & Risk Management CJS3440: Professional Ethics & Standards CJS3445: Ethical Principles CJS3450: Ethical Dilemmas CJS3455: Case Studies in Ethics CJS3460: CJS Ethics Project CJS3465: Communication Skills CJS3470: Interpersonal Skills CJS3475: Relationships & Roles CJS3480: Communication Contexts & Barriers CJS3485: CJS Communication Project CJS3490: Basic Security Procedures CJS3495: Advanced Security Procedures CJS3500: CJS Practice 1 CJS3505: CJS Practice 2 CJS3510: CJS Practice 3 CJS3515: CJS Practice 4 CJS3520: CJS Practice 5

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Esthetics (EST) - 33 courses		
EST1020: Skin Care Practices	EST2030: Facials	EST3010: Spa Awareness
EST1025: Skin Care Practices – Client Services	EST2035: Facials – Client Services	EST3030: Body Therapy
EST1070: Manicuring 1	EST2050: Make-up	EST3040: Hair Removal
EST1140: Theatrical Make-up 1	EST2055: Make-up – Client Services	EST3045: Hair Removal – Client Services
EST1910: EST Project A	EST2070: Manicuring 2	EST3060: Facial & Body Adornment
	EST2075: Manicuring 3 – Client Services	EST3070: Pedicuring
	EST2090: Nail Art	EST3075: Manicuring & Pedicuring – Client Services
	EST2140: Theatrical Make-up 2	EST3090: Nail Enhancement – Gel
	EST2910: EST Project B	EST3100: Nail Enhancement – Acrylic
	EST2920: EST Project C	EST3105: Nail Enhancement – Client Services
	EST2950: EST Intermediate Practicum	EST3115: Esthetics – Client Services
		EST3140: Theatrical Make-up 3
		EST3145: Theatrical Make-up 4 – Client Services
		EST3150: Competition Esthetics
		EST3910: EST Project D
		EST3920: EST Project E
		EST3950: EST Advanced Practicum
Foods (FOD) - 46 courses		
FOD1010: Food Basics	FOD2030: Food Decisions & Health	FOD3010: Food for Life Stages
FOD1020: Contemporary Baking	FOD2040: Cake & Pastry	FOD3020: Nutrition & Digestion
FOD1030: Snacks & Appetizers	FOD2050: Bread Products	FOD3030: Creative Baking
FOD1040: Meal Planning 1	FOD2060: Milk Products & Eggs	FOD3040: Yeast Products
FOD1050: Fast & Convenience Foods	FOD2070: Soups & Sauces	FOD3050: Advanced Soups & Sauces
FOD1060: Canadian Heritage Foods	FOD2090: Creative Cold Foods	FOD3060: Food Presentation
FOD1070: Farm to Table	FOD2100: Basic Meat Cookery	FOD3070: Short-order Cooking
FOD1080: Food & Nutrition Basics	FOD2110: Fish & Poultry	FOD3080: Advanced Meat Cookery
FOD1910: FOD Project A	FOD2120: Meal Planning 2	FOD3090: Butcher Shop
	FOD2130: Vegetarian Cuisine	FOD3100: Entertaining with Food
	FOD2140: Rush-hour Cuisine	FOD3110: Food Processing
	FOD2150: Food Safety & Sanitation	FOD3120: Food Evolution/Innovation
	FOD2160: Food Venture	FOD3130: The Food Entrepreneur
	FOD2170: International Cuisine	FOD3160: Regional Cuisine
	FOD2180: Vegetables & Fruits	FOD3900: Food Safety
	FOD2190: Grains, Legumes, Pulses, Nuts & Seeds	FOD3910: FOD Project D
	FOD2910: FOD Project B	FOD3920: FOD Project E
	FOD2920: FOD Project C	FOD3950: FOD Advanced Practicum
	FOD2950: FOD Intermediate Practicum	

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Credentialed Pathway: Baker (BKA) First Period Apprenticeship		
See Apprenticeship information on Alberta Education website.		
Credentialed Pathway: Cook (CKA) First Period Apprenticeship		
See Apprenticeship information on Alberta Education website.		
Health Care Aide (HCA) - 27 Courses		
These course codes end October 31, 2020.		
Dual Credit Pathway		
		HCA3400: Role & Responsibilities HCA3405: Safety Systems HCA3410: Communication Level 1 HCA3415: Communication Level 2 HCA3420: The Human Body HCA3425: Aging & Illness HCA3430: Client Hygiene HCA3435: Bathing & Elimination HCA3440: Bed Making & Mobility HCA3445: Positioning & Meals Clinical Practicum 1: Option A (1 credit each) HCA3450: Clinical Practice 1A HCA3455: Clinical Practice 1B Clinical Practicum 1: Option B (2 credits) HCA3460: Clinical Practice 1 HCA3465: Complex Care Needs 1 HCA3470: Complex Care Needs 2 HCA3475: Medication Delivery HCA3480: Diverse Client Groups HCA3485: Clients with Dementia HCA3490: Disability & Mortality Clinical Practicum 2: Option A (1 credit each) HCA3495: Clinical Practice 2A HCA3500: Clinical Practice 2B HCA3505: Clinical Practice 2C HCA3510: Clinical Practice 2D HCA3515: Clinical Practice 2E HCA3520: Clinical Practice 2F HCA3525: Clinical Practice 2G Clinical Practicum 2: Option B (7 Credits) HCA3530: Clinical Practice 2

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Health Care Aide (HCA) - 9 Courses These course codes are for new students starting September 2020.		
Dual Credit Pathway		
		HCA3401: Role and Responsibilities (3 credits) HCA3406: The Human Body, Health, and Chronic Illness (3 credits) HCA3411: Communication and Documentation (4 credits) HCA3416: Providing Person-centred Care and Comfort (4 credits) HCA3421: Clinical Placement 1 (3 credits) HCA3426: Meeting Complex Care Needs (5 credits) HCA3431: Special Activities for Clients (5 credits) HCA3436: Clinical Placement 2 (6 credits) HCA3441: Consolidated Clinical Placement (3 credits)
Health Care Services (HCS) - 28 courses		
HCS1050: Musculoskeletal System HCS1060: Digestive System HCS1070: Respiratory System HCS1080: Cardiovascular System HCS1100: Infection & Immunity 1 HCS1110: Infection & Immunity 2 HCS1910: HCS Project A	HCS2020: First Aid/CPR with AED HCS2050: Nervous System & Senses HCS2060: Endocrine System HCS2070: Urinary System HCS2100: Infection & Immunity 3 HCS2120: Pain & Pain Management HCS2130: Chronic Conditions HCS2910: HCS Project B HCS2920: HCS Project C HCS2950: HCS Intermediate Practicum	HCS3000: Workplace Safety Systems HCS3010: Workplace Safety Practices HCS3020: First Responder 1 HCS3030: First Responder 2 HCS3040: Child Care First Aid HCS3050: Reproduction & Readiness for Parenting HCS3060: Pregnancy, Birth & Infant Care HCS3150: Advances in Medical Technology HCS3910: HCS Project D HCS3920: HCS Project E HCS3950: HCS Advanced Practicum
Human and Social Services (HSS) - 27 courses		
HSS1010: Health Services Foundations HSS1020: Nutrition & Wellness HSS1030: Communication Skills for Health Professionals HSS1040: Developing Maturity & Independence HSS1050: Introduction to Mentorship HSS1080: Leadership Fundamentals 1 HSS1090: Speaking & Presenting HSS1100: Nature & Wellness HSS1910: HSS Project A	HSS2020: Nurturing Children HSS2030: Perspectives on Interpersonal Relationships HSS2040: Family Foundations HSS2050: Becoming a Mentor HSS2080: Leadership Fundamentals 2 HSS2910: HSS Project B HSS2920: HSS Project C HSS2950: HSS Intermediate Practicum	HSS3010: Professional Standards & Ethics HSS3020: Mental Health & Wellness HSS3050: Becoming a Mentee HSS3060: Extending the Mentoring Relationship HSS3070: Peer Mentoring HSS3080: Leadership Fundamentals 3 HSS3090: Governance & Leadership HSS3910: HSS Project D HSS3920: HSS Project E HSS3950: HSS Advanced Practicum

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Legal Studies (LGS) - 22 courses		
LGS1010: Private Law LGS1020: Public Law LGS1030: Relationship Law LGS1910: LGS Project A	LGS2010: Family Law LGS2020: Employment Law LGS2030: Environmental Law LGS2040: Aboriginal Law LGS2050: Law & the Traveller LGS2910: LGS Project B LGS2920: LGS Project C LGS2950: LGS Intermediate Practicum	LGS3010: Property Law LGS3020: Dispute Resolution LGS3040: Negligence LGS3050: Small Business Law LGS3060: Controversy & Change LGS3070: Landmark Decisions LGS3080: Criminal Law LGS3910: LGS Project D LGS3920: LGS Project E LGS3950: LGS Advanced Practicum
Recreation Leadership (REC) - 40 courses		
REC1020: Injury Management 1 REC1030: Technical Foundations for Injury Management REC1040: Foundations for Training 1 REC1045: Group Exercise Trends REC1050: Sport Psychology 1 REC1910: REC Project A	REC2010: Nutrition for Recreation Activities & Sport REC2015: Athletic Development REC2020: Injury Management 2 REC2030: Anatomy of Joints REC2040: Foundations for Training 2 REC2045: Training for Core Muscles REC2050: Sport Psychology 2 REC2060: Leadership in Recreation & Sport REC2070: Functional Independence Training Program Leader REC2120: Coaching 1 REC2910: REC Project B REC2920: REC Project C REC2950: REC Intermediate Practicum	REC3010: Human Movement REC3015: Flexibility Training REC3020: Injury Management 3 REC3025: Cardiovascular Training REC3030: Speed & Agility REC3040: Training & Conditioning REC3045: Periodization REC3050: Sport Psychology 3 REC3060: Ever Active Kids Leadership REC3070: Fitness Instruction Leadership Principles REC3080: Resistance Training Leadership REC3085: Olympic Weightlifting REC3090: Aquatic Fitness Training Leadership REC3100: Fitness Leadership for the Older Adult REC3110: Group Exercise Leadership REC3120: Coaching 2 REC3130: Officiating REC3140: Sport & Society REC3910: REC Project D REC3920: REC Project E REC3950: REC Advanced Practicum

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Tourism (TOU) - 29 Courses		
TOU1010: The Tourism Sector	TOU2010: Event Management	TOU3000: Tourism Essentials
TOU1030: Quality Guest Service	TOU2040: Food & Beverage Service	TOU3010: Food & Beverage Functions
TOU1040: The Food & Beverage Industry	TOU2050: Meetings & Conferences	TOU3020: Food & Beverage Manager
TOU1050: The Accommodation Industry	TOU2060: Travel Destinations 1	TOU3040: Accommodations Operations
TOU1060: The Travel Industry	TOU2070: Travel Destinations 2	TOU3060: Destination Management
TOU1070: The Attractions Industry	TOU2080: Travel Planning	TOU3080: Air Transportation
TOU1120: Adventure & Ecotourism 1	TOU2120: Adventure & Ecotourism 2	TOU3090: Surface Transportation
TOU1910: TOU Project A	TOU2910: TOU Project B	TOU3120: Adventure & Ecotourism 3
	TOU2920: TOU Project C	TOU3910: TOU Project D
	TOU2950: TOU Intermediate Practicum	TOU3920: TOU Project E
		TOU3950: TOU Advanced Practicum